

WEEK #23 AUGUST 6, 2019

UPCOMING EVENTS

Tuesday 13 August

- Breakfast Club 8:30-8:50am

Wednesday 21 August

- Book Week Parade 9:00am

Friday 30 August

- Father's Day Breakfast 7:30am

Friday 25 October - **Save the date!**

- Westbury 180 Open Day and Fair

2019 STUDENT FREE DAY

Friday 1 November

- Professional Learning Day

reminder

Book Club orders
are due back to the
office by
this **Thursday**
August 8.

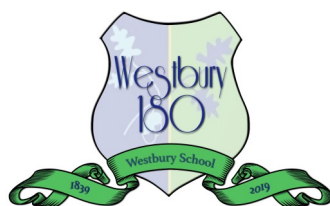
FROM THE PRINCIPAL (ACTING)

DEAR PARENTS AND CARERS,

Last Saturday night the Westbury RSL hosted a **music trivia night** as a fundraiser for our Grade 5/6 camp to Canberra. It was great to see that the room was full to capacity and everyone enjoyed themselves immensely. A big thanks to everyone who attended, sent a donation or provided items for supper. The RSL is a great supporter of our school and we thank Jo and her team for putting on this event. An amazing \$1370 was raised on the night!

Last Friday a group of students from Grade 5 and 6 participated in the **Country Gold** tryouts in the sports of netball, soccer and football. Congratulations to the following students who were chosen to represent Westbury; Wade W., Tyson A., Alfie C., Jessie W., Oliver Cl., Kane W. and Monieka B.

Book Week is coming up fast and we've confirmed the date of Wednesday 21st August as the day of our parade. The parade will start at 9am and this year's theme is *Reading is my superpower*. We're encouraging students to come dressed as a character from one of their favourite books and would prefer that superhero costumes stay at home.



Last Thursday night I attended a meeting for the upcoming **Westbury 180** celebrations and am very excited about the activities that are being planned. The celebrations will occur on Friday 25th October and will commemorate 180 years of education in Westbury. Have a look at their Facebook page <https://www.facebook.com/Westbury180/> for more information.

This term our cluster of schools in the Meander Valley will be running a **writing competition**. The competition is open to ages from Kinder through to adults. There is a poster on the back page with some details and more will follow in the coming weeks.

Ms Brown returns next week from her leave and I'd like to thank everyone for their assistance while she has been away. We can't wait to hear about her travels and look forward to her return.

Kind regards

Michelle Murphie



The staff, students and wider Westbury community wish the following students a very Happy Birthday this week!

Oliver C. and Harry P.

Father's Day Stall

or significant person

We are having a Father's Day stall. All items will be \$2 each and are all new.

Students will be able to purchase an item to give as a gift on Father's Day

When: Friday 30 August between recess and lunch

Where: Music Room

Kinder students will have a chance to purchase a gift on Wednesday 28 August.

All money raised will go towards the Chaplaincy Program at Westbury Primary.



S.R.C Chit Chat

On Friday 30th of August we will be having a Footy Colours Day.

It is a gold coin donation to dress up in your favourite footy team's colours or your local footy team gear.

The money will be going towards trying to find a cure for cancer, this is a great cause.



The SRC will be selling the following \$1 chocolates this Thursday and Friday morning before school outside the office.

2 for \$1 Freddos (strawberry, milky top, or plain) and Caramello Koalas

\$1 each TimeOut/Toblerone/Cherry Ripe bars



MERIT CERTIFICATES

Congratulations to the following students who received Certificates at our last Assembly last week.

KINDER

Tikka R. and Lily B.

GRADE P/1

Harriet G. and Jack J.

GRADE 1/2

Angus F., Isla W., Hunter B. and Lenny G.

GRADE 3/4

Charlotte C. and Edward C.

GRADE 5/6

Luke W. and Jorja W.



June

Nate T.



Nate is a kind and considerate student who walks into school each day with a smile and a positive attitude. Nate works hard during all tasks, always giving his absolute best. The way he shows respect and care towards others is to be commended. Nate is a great role model who exemplifies our Westbury Primary School values. Nate is a conscientious learner and a willing classroom helper. We are all proud of you Nate.

Well done!

HOT LUNCHES

THE FOLLOWING "HOT LUNCH SPECIALS" ARE STILL AVAILABLE AS WELL AS OUR REGULAR MENU.

- ★ Chicken Tender Strips \$1.00 each
(Mayonnaise as a dipping sauce on request)
- ★ Chicken Nuggets \$0.50 each
- ★ Bolognaise Pasta \$3.00
- ★ 4" Garlic Bread \$1.00
- ★ Corn on the Cob \$1.00 each

If you would like to order one of these specials for Thursday 15 August

please make sure your order is in an envelope with the correct money and returned to the office by: **Friday 9 August.**

All regular hot lunch items will still be available and can be ordered as normal up until 3:00pm Wednesdays.

This year I will be running a **Growth and Personal Development** unit at Westbury Primary School.

Prep-6 classes will attend either 2 or 3 sessions during the term

The table below outlines the content that will be covered for each level.

P-2 (2 lessons)	Year 3-4 (3 lessons)	Year 5-6 (3 lessons)
Protective behaviours, public and private	Growing up – introduction to puberty	Puberty – physical, social and emotional changes
Growing up - How I have changed since I was a baby	Simple information around reproduction	Simple information around reproduction
Our families and who we can talk to about our worries	Friendships, boundaries and influences	Influences and finding reliable sources of information
		Healthy Relationships and Respect

To provide more detailed information to families and give them the opportunity to ask questions I will be available to speak to at 9am on Wednesday the 14th of August in the open learning room. I look forward to seeing you there.

If you do not wish for your child to participate in these lessons please contact your child's teacher.

Chanelle McCormack
School Health Nurse

Refocussing Learning and Teaching - Early Years Research Project

Last Year our Early Years Team at Westbury Primary School applied to participate in a Department Of Education research project and were successful in their application. The Research Project is as a result of changes made to the Tasmanian Education Act in November 2016 around providing a developmentally appropriate learning framework that recognises the child as an active learner and supports the delivery of an enquiry based curriculum.



Our team has been involved in ongoing professional learning, visiting schools and learning about a variety of educational approaches.

As a school we value children as *strong, capable* and *resilient*, rich with wonder and knowledge. We recognise that every child brings with them deep curiosity and potential and this innate curiosity drives their interest to understand their world and their place within it.

Our involvement in this project connects well with our Play Based Inquiry approach to learning, which has been part of our early years over the past three years.

The Early Years Team continue to be involved in ongoing, weekly professional learning, focussed on best practise in the early years.

What does this mean for your child?

You may notice changes in your child's classroom environment both inside and outside as teachers explore how the environment can impact student learning.

We look forward to sharing with you our ongoing learnings and are excited about developing our knowledge of best practise in the early years.





Celebrating 180 years of education in Westbury

On **Friday 25 October 2019** Westbury Primary School will celebrate 180 years of education in Westbury with a community open day and fair at the school

Open Day

- 1.30pm-4pm
- Tours of the school conducted by students
- Open classrooms
- Mayor, Wayne Johnston to unveil a commemorative plaque and student art installation
- Performance of a new school song
- School history display
- Maypole Dancing

Fair

- 4pm-7pm
- Maypole dancing
- Face painting
- Jumping castles
- Traditional fair games
- Zorb Balls & Swing Chairs
- Entertainment
- Puppet show
- Plant stall

Food

- Wood fired pizzas
- BBQ
- Cake stall
- Ice-Cream

HELP WANTED

On the day we will need volunteers to man stalls, set up and pack up. Please watch the newsletter for donation requests for school stalls over the coming weeks.

Follow us on FB [@Westbury180](#)

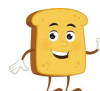
For more info on how you can be involved:

Email: Westbury180@outlook.com

STAY TUNED FOR MORE INFORMATION ABOUT THIS EXCITING SCHOOL EVENT



Where: **Art Room (next to Kinder)**



When: **Every Tuesday morning**

Time: **8:30-8:50am**



All students are welcome to come along and enjoy some toast, cereal and fruit to help get an awesome start to the day!

Students will be encouraged to wash their own dishes. There is no cost.



If you are a parent or a carer and have a current Working With Vulnerable People card and you would love to come help out one morning, please contact Justine on 0419 378 046. ☺

This program is kindly supported by our local IGA supermarket & Deloraine Woolworths.



Westbury Primary School would like to invite fathers to attend a breakfast to celebrate father's day.

When: **Friday 30th August 2019**

Time: **7:30am - 8:30am**

Where: **General Purpose Hall**

Please come along and enjoy breakfast with your child/children. If fathers are not available, students may invite their Grandfather or other significant adult.

A cost of \$5 per adult will apply, all proceeds will go to our chaplaincy program.

We encourage all attendants to wear their footy colours and make a donation towards footy colours day 'fight cancer foundation'.

Please RSVP by **23 August 2019**

Email: westbury.primary@education.tas.gov.au

Phone: 6393 1373

Or in person at the school office.

THE ZONES OF REGULATION



REST AREA

BLUE ZONE
Low State of Alertness

Bored
Tired
Sad
Disappointed
Sick
Depressed
Shy

Blue Zone
I am running slow.

Sad	Tired	Bored	Sick

I can try these tools:

Take a break	Talk to an adult	Ask for a hug	Listen to music

10 Things to Say instead of Stop Crying

1. It's ok to be sad
2. This is really hard for you
3. I'm here with you
4. Tell me about it
5. I hear you
6. That was really scary, sad, etc.
7. I will help you work it out
8. I'm listening
9. I hear that you need space. I want to be here for you. I'll stay close so you can find me when you're ready.
10. It doesn't feel fair

happinesishereblog.com
The Gottman Institute

HOT SOUP

This is free to all students at lunchtime through the Chaplaincy program.

The soup on offer this week will be **Potato & Leek Soup & Bread Roll**.
If your child/children would like soup next **Wednesday 14 August**,
please fill out the form below and return to the office by this **Friday morning**.

Potato & Leek Soup with Crispy Bacon

- 1 tablespoon olive oil
- 1 large leek, chopped
- 2 garlic cloves, crushed
- 500g potatoes, peeled, chopped
- 1 litre chicken stock
- 1/3 cup sour cream
- Bacon pieces

Heat oil in a large saucepan over medium-high heat. Add leek and garlic. Cook, stirring, for 3 minutes or until leek has softened. Add potato. Cook, stirring, for 5 minutes. Add stock. Season with pepper. Cover. Bring to the boil. Reduce heat to medium-low. Simmer for 15 to 20 minutes or until potato is tender. Set aside for 5 minutes to cool slightly. Blend until smooth. Serve with crispy bacon pieces on top.



If your child/children would like soup and a bread roll Wednesday 14 August,
please fill in the form below and return to the box at the office by this **Friday morning (August 9)**.

✂-----✂-----✂-----✂-----✂-----✂-----✂-----

Student Name/s: _____

Class/es: _____

2019 WRITING

COMPETITION



ENTRIES DUE BY

20th of September

categories
REFLECT
INFORM
ENTERTAIN
PERSUADE

THERE WILL BE
PRIZES FOR ALL
AGE GROUPS

AGE GROUPS
KINDER, PREP, 1/2, 3/4, 5/6, 7/8, 9/10,
11/12, ADULTS

Hagley Farm School (HFS)
COMMUNITY FORUM

Cyber Safety

On Tuesday the 20th of August from 7:00-8:30pm, the HFS School Association will be hosting a Forum for *parents & carers* about the online world. **Project Rockit**, Australia's youth-driven movement against (cyber) bullying, will be running this session. Founded on the dream of a world where kindness and respect thrive over bullying, hate and prejudice, **Project Rockit**, empowers students to challenge hate instead of standing by watching. They are a Melbourne-based company and are certified by the Federal Office of the eSafety Commissioner.

The Forum is an opportunity for our *parents* and the *community* to come together to learn about the strengths and challenges of navigating the online world as a young person. Based on 12 years' experience, the **Project Rockit** team will share their in-depth knowledge of major social media platforms and the issue of (cyber) bullying, while also providing a range of hot tips and strategies that *parents* and *carers* can use to support their young people online.

The session also allows for an open Q&A for parents, carers and educators.

A light supper will also be provided. To allow us to cater adequately for this event please follow the below link to indicate your attendance. Please note there is **no cost** to attend this event.

<https://www.eventbrite.com.au/e/navigating-the-online-world-community-forum-tickets-66838191831>

ORAL HEALTH SERVICES TASMANIA

Healthy Mouth ✓ Healthy Body

FREE dental care

Oral Health Services welcomes ALL children from babies up to 18 years of age for FREE dental care

Oral Health Services Tasmania will:

- BULK BILL Medicare when parents present their Medicare card
- Provide almost all dental care for FREE*

*Some dental care may attract a small fee and be subject to eligibility conditions

Don't forget to bring your Medicare card

To make an appointment at your local Oral Health Services Tasmania clinic phone:


1300 011 013

TASMANIAN HEALTH SERVICE Tasmanian Government



Bendigo Bank
Bigger than a bank.

Deloraine & Districts
Community Bank®
Branch



CONTACT DETAILS

Taylor Street Westbury Tas 7303
Phone: 03 6393 1373
Email: westbury.primary@education.tas.gov.au
Web: <https://westburyprimary.education.tas.edu.au/SitePages/Home.aspx>