

WEEK #26 AUGUST 27, 2019

### UPCOMING EVENTS

Wednesday 28 August

- Father's Day Stall (*Kinders only*)

Friday 30 August

- Father's Day Breakfast 7:30am
- Father's Day Stall (P-6)
- Footy Colours Day

Tuesday 3 September

- Breakfast Club 8:30-8:50am
- Visit from Author Lian Tanner (3-6)

Friday 6 September

- Friday Sport concludes - vs Evandale @ Evandale
- P&F Meeting 1:30pm

Tuesday 10 September

- Science Expo

September 16 - 27

- Swimming & Water Safety Program

Friday 25 October - **Save the date!**

- Westbury I80 Open Day and Fair

### 2019 STUDENT FREE DAY

Friday 1 November

### ASSEMBLY

Tomorrow Wednesday 28

August - 2:10pm in the  
GP Hall.

Hosted by Grades 1-2

*Families are welcome to attend.*

### FROM THE PRINCIPAL

DEAR PARENTS AND CARERS,

Last Wednesday was very exciting with lots of characters from books arriving at school in the morning to celebrate **Book Week**. There was an awesome variety of characters and costumes. Thank you to all those who made it happen, especially the support from parents.



Next Monday is the first day that all students need to start wearing their **hat** again.



This is in line with our Sun Smart policy that is accredited with the Cancer Council and Sun Smart. As we head further into spring the UV rating will increase beyond level 3. Only approved school hats should be worn. If you need to replace a hat they can be purchased at the school office.

Information about the **School Satisfaction Survey** went home last week. Please take this opportunity to give us your feedback. It is important to us to know what you think. If you have misplaced your letter or would prefer a paper copy please contact the office. The survey closes on Friday September 13.

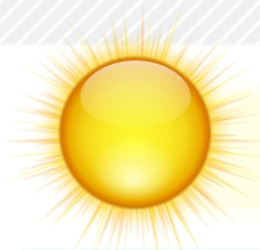
Next week we will be having our **Happy Habits** week. Each afternoon students will get the opportunity to try a well-being activity to make themselves feel good. Our mental health is important to all of us and understanding what makes us feel good is an asset in making decisions to look after our well-being. The activities are: massage, yoga, stress ball making, meditation and dance.

On Friday we are hosting our first **Father's Day breakfast**. It also doubles as Footy Colours Day. We have had an awesome number of responses to our breakfast so we are looking forward to seeing everyone early on Friday morning. The SRC are also using **Footy Colours Day** as a fundraiser for Kids with Cancer.

Kind regards

*Chris Brown*





As of Monday 2 September 2019 (*this Monday coming*), all students will be required to wear their hats at lunch.

## THIS WEEK S.R.C Chit Chat

This Friday 30<sup>th</sup> of August we will be having a Footy Colours Day.

It is a **gold coin donation** to dress up in your favourite footy team's colours or your local footy team gear.

The money will be going towards trying to find a cure for cancer, this is a great cause.



## Book Club

Issue 6 brochures went home last week.

Spare copies are available from the foyer.

**DUE BACK BY: Thursday, 12th September at 3pm**

Did you know that you can order online via credit card through the LOOP Platform? Or you can download the LOOP app from your app store. LOOP orders regularly qualify for bonus books too!

See link for further info:

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

Happy reading!

Book Club Team- Mrs Bronwyn Walker (Library-Technician),  
Jessica Marston, Tenille Rosevear (Parent Volunteers)  
Email: [wpsbookclub@yahoo.com](mailto:wpsbookclub@yahoo.com)

**EVERY CHILD DESERVES A BOOK**

Each issue we offer quality VALUE BOOKS because we believe every child deserves the chance to take home a great book and experience independent reading for pleasure.

**\$2**

**\$2.50**

**\$3**

## LOST & FOUND

Are you missing some uniform items?

Don't forget to check our Lost Property basket.

*It's very full at the moment!*

## Father's Day Stall

or significant person

THIS WEEK

We are having a Father's Day stall. All items will be **\$2 each** and are all new.

Students will be able to purchase an item to give as a gift on Father's Day.

When: **Friday 30 August between recess and lunch**

Where: **Music Room**

Kinder students will have a chance to purchase a gift on Wednesday 28 August.

All money raised will go towards the Chaplaincy Program at Westbury



## RAFFLE

Grade 5/6 are currently running a raffle to raise funds for their upcoming camp. *If you would like to buy a ticket or even take a book of tickets to sell, please see the office.*

Tickets are **\$2 each** and will be drawn at school next Friday 6 September.

**WESTBURY PRIMARY SCHOOL**  
A CARING COMMUNITY

**Grade 5/6 Camp to Canberra Raffle**

**\$2 a ticket**

- 1st **RJ's Westbury Hotel Voucher. Value \$100**  
Donated by Fermer Partnership Cherries
- 2nd **Westbury Grove Olive Oil 3 litres. Value \$80**  
Donated by N & E Clark
- 3rd & 4th **Westbury RSL Sunday Roast Voucher. Value \$50**  
Donated by Westbury RSL
- 5th **Burger Junkie Voucher. Value \$50**  
Donated by Burger Junkie Launceston
- 6th **The Tattoo Society Voucher. Value \$50**  
Donated by The Tattoo Society
- 7th **Westbury Maze Family Voucher. Value \$30**  
Donated by Westbury Maze
- 8th **Clover Honey 3 Litres. Value \$30**  
Donated by A & T Jones
- 9th **Gift Pack. Value \$30**  
Donated by Westbury Pharmacy
- 10th **Car Care Gift Pack. Value \$30**  
Donated by Caltex Westbury

Raffle drawn at Westbury Primary School on Friday 6th September 2019

## Social Media

When taking photos at school events, please **do not** post these photos on Social Media e.g. Facebook, Instagram, Snapchat etc. unless only posting your **OWN** child.



Instagram

## Facebook

Westbury Primary School has a Facebook page where important information and reminders can be found.



Find us on:  
**facebook®**

# P&F NEWS

The Parents & Friends are seeking help for 2 events this week:

- Our regular catering for the Westbury Rotary Club meeting at the RSL this Wednesday night, 28<sup>th</sup> August for approx. 30 people. We need help with preparing food, serving and waiting tables. We do this once every 2-3 months, starting around 6pm for service at 7pm.
- To provide Kitchen Help at the Westbury Show Horse Committee dinner this Friday night, 30<sup>th</sup> August. This will be clearing tables and washing up with no cooking required. We need around 6 people for this event, with money raised going to the Grade 5/6 camp.

If you are able to help with either of these events, please contact Bec Poulton on 0408 558 236.

## We also are in search of more helpers for the Hot Lunch roster.

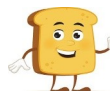
This is a valuable service volunteer parents and carers provide to the school, but also a great way to connect with other parents. With enough helpers on the roster it would mean a commitment of twice a term. So if Hot Lunch sounds like something you could help out with there are 3 things to do:

1. Speak with Jayne Jensen or Louise Stirling about what is involved.
2. Get your Working With Vulnerable People (WWVP) Registration at <https://www.cbos.tas.gov.au/topics/licensing-and-registration/registrations/work-with-vulnerable-people/applications/apply> or speak to the Office Staff about the process
3. Sign up on the Hot Lunch Roster at <https://signup.zone/EnfMbQAC6iBDFsDnp>



The next P&F Meeting will be Friday 6<sup>th</sup> September at 1.30pm in the Parent Room.

All parents and little people are welcome. We will also be drawing winners of the Grade 5/6 Camp raffle at the meeting.



Where: **Art Room (next to Kinder)**  
When: **Every Tuesday morning**  
Time: **8:30-8:50am**



All students are welcome to come along and enjoy some yummy breakfast to help get an awesome start to the day!

Students will be encouraged to wash their own dishes and there is no cost.

If you are a parent or a carer and have a current Working With Vulnerable People card and you would love to come help out one morning, please contact Justine on 0419 378 046. ☺

*This program is kindly supported by our local IGA supermarket & Deloraine Woolworths. Thank you to the Meander Valley Harvest Community for their support.*



**Celebrating 180 years of education in Westbury**

On **Friday 25 October 2019** Westbury Primary School will celebrate 180 years of education in Westbury with a community open day and fair at the school

### Open Day

- 1.30pm-4pm
- Tours of the school conducted by students
- Open classrooms
- Mayor, Wayne Johnston to unveil a commemorative plaque and student art installation
- Performance of a new school song
- School history display
- Maypole Dancing

### Fair

- 4pm-7pm
- Maypole dancing
- Face painting
- Jumping castles
- Traditional fair games
- Zorb Balls & Swing Chairs
- Entertainment
- Puppet show
- Plant stall

### Food

- Wood fired pizzas
- BBQ
- Cake stall
- Ice-Cream

### HELP WANTED

On the day we will need volunteers to man stalls, set up and pack up. Please watch the newsletter for donation requests for school stalls over the coming weeks.

Follow us on FB @Westbury180

For more info on how you can be involved:  
Email: [Westbury180@outlook.com](mailto:Westbury180@outlook.com)

**STAY TUNED FOR MORE INFORMATION ABOUT THIS EXCITING SCHOOL EVENT**



# THE ZONES OF REGULATION



In Grade 3-4 students are learning about the Zones of Regulation and how they can use strategies to help navigate their sometimes confusing emotions. One strategy that is used regularly in our classroom is the use of coloured beanbags to identify how they may be feeling and to help them achieve self-regulation and emotional control.

The Green Zone beanbag is used when students are 'good to go' and ready for learning and can work sociably with others. Students can ask to work in the green beanbag independently or with a friend when they are showing positive emotions such as calmness, and being focused and ready to work.

Our Blue Zone beanbag corner is used when a student is upset, tired, or feeling sick. A student can ask a friend to join them when they are in this zone.

The Yellow Zone beanbag is used by a student when they are feeling elevated emotions such as frustration, nervousness, excitement or silliness. These emotions are not as elevated as those being felt by a student in the Red Zone but gives the student the opportunity to regulate their behaviour back into the Green Zone.

The Red Zone beanbag is used when a student is feeling intense emotions such as anger and requires a quiet area to cool down without interruption from other students until they are ready to discuss the cause of their feelings.



## SCHOOL TERM DATES 2019

**Term 3 Finish:** Friday 27 September

**Term 4 Start:** Monday 14 October

**Term 4 Finish:** Thursday 19 December (students finish)  
Friday 20 December (teachers finish)

Source: <https://www.education.tas.gov.au/about-us/term-dates/>



## Thursday Hot Lunches

The following "Hot Lunch Specials" are still available as well as our regular menu.

- ★ Chicken Tender Strips \$1.00 each  
(Mayonnaise as a dipping sauce on request)
- ★ Chicken Nuggets \$0.50 each
- ★ Bolognaise Pasta \$3.00
- ★ 4" Garlic Bread \$1.00
- ★ Corn on the Cob \$1.00 each

Orders can be placed and paid for via the Qkr! app by:  
3:00pm Wednesdays.





## Tasmania Fire Service

- A firefighter from the Tasmania Fire Service (TFS) is visiting our school this week to present a Home Fire Safety Program to our Prep to Grade 6 students.
- Kindergarten students, whilst not receiving a structured lesson, can expect a visit from the firefighter who will leave some free fun activities for the students to complete.
- The age appropriate program is designed to raise fire awareness in children and includes fun in class activities, videos, activity books, giveaways and a new Kids website [www.tfskids.com.au](http://www.tfskids.com.au).
- Parents and other family members are also encouraged to participate by reading the information and assisting your child with the after school activities.
- The TFS aims to deliver appropriate fire safety education to every primary school child in Tasmania and is part of the TFS's ongoing commitment to create a fire safe Tasmania.

Key Fire Safety Messages include,

[Wake up - Install a smoke alarm in every bedroom](#)  
[Plan and practice a home fire escape plan with the whole family](#)  
[In a fire crawl low and go, go, go to the nearest exit](#)  
[In an emergency call triple zero](#)  
[Keep flammable material at least two metres from the heater](#)  
[If your clothes catch fire, stop, drop, rock and roll](#)  
[Keep matches and lighters away from children](#)  
[Cooking - Turn it off before you turn away](#)  
[Cool a burn under cold water for at least 20 minutes](#)  
[Most house fires can be avoided. Make your home fire safe](#)

More information for parents, carers and teachers [www.tfseducation.com.au](http://www.tfseducation.com.au)

Exciting new website just for kids [www.tfskids.com.au](http://www.tfskids.com.au)

[SUBSCRIBE](#) to our free bi-monthly newsletter

### EARLY CHILDHOOD

TFS receives regular requests from preschools and child care centres asking for firefighters to visit and teach children about home fire safety.

TFS does not deliver structured fire safety programs to children below primary school age. This decision was made based on research carried out by the Mental Health Services of the Royal Children's Hospital and the Metropolitan Fire Brigade in Melbourne. This research indicated that:

- Children under the age of five had low retention of the information they had learned; and
- In some children, the information had actually stimulated their curiosity about fire and they had begun to play with fire.

TFS believes that parents and caregivers are the best people to make sure that very young children are safe from fire. To help with this, TFS has a [fire safety website](http://www.tfseducation.com.au) (<https://www.tfseducation.com.au/>) for parents, carers and teachers.

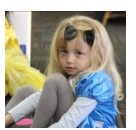
TFS has also developed free giveaways for young children that introduce them to the friendly firefighter characters that they will meet when they receive the School Fire Education Program including a colouring book, a money box shaped like a fire truck, and stickers with home fire safety messages for the whole family. Click [here](https://www.tfseducation.com.au/online-ordering) (<https://www.tfseducation.com.au/online-ordering>) for free giveaways for your preschool or child care centre.



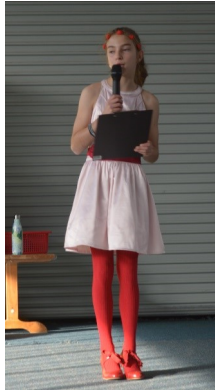
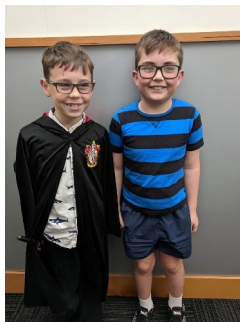
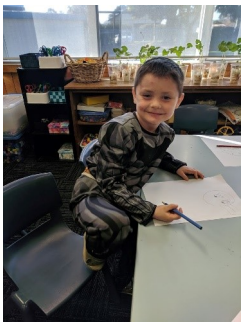
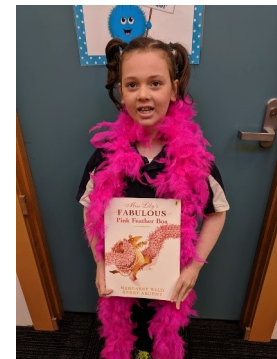
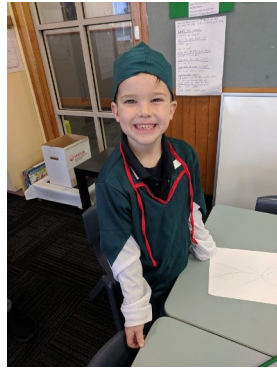
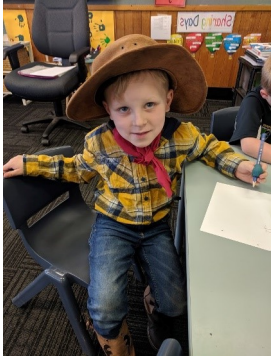


# BOOK WEEK PARADE

Wednesday 21 August 2019











2019 WRITING

# COMPETITION

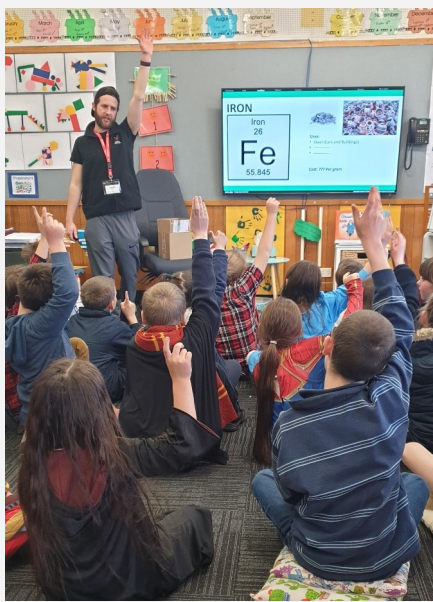
ENTRIES DUE BY

## 20th of September

**categories**  
REFLECT  
INFORM  
ENTERTAIN  
PERSUADE

**THERE WILL BE PRIZES FOR ALL AGE GROUPS**

AGE GROUPS  
KINDER, PREP, 1/2, 3/4, 5/6, 7/8, 9/10, 11/12, ADULTS



Last Wednesday we had the Tassie Scientists visit our school. What we learnt was very interesting and fun!

 **Bendigo Bank**  
Bigger than a bank.

**Deloraine & Districts  
Community Bank®**  
Branch

#### CONTACT DETAILS

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